Department of Physiotherapy, SBSPGI

Papers in Journals
7. Arpit Jain, Siddhartha Sen, comparison between the effects of MET and PRT on unilateral upper Trapezius trigger points, IAMR Journal of Physiotherapy, Vol. 3 issue 1 2014, pp 21-26, ISSN-2277

Oral /Poster Presentations
2. Siddharthasen, Ajita. Poster Presentation entitled “Effect of core strengthening exercise
on cardiovascular fitness in patients with low back pain”, in International seminar on sports science, on 9th & 10th Feb 2015, Punjabi University, Patiala and held 2nd prize winner

3. Pooja Anand, Siddharthasen, Amit Dhawan. A correlative study between Anterior pelvic tilt, abdominal muscle endurance on lumbar proprioception and lower extremity biomechanical factor in asymptomatic young collegiate males. IAP conference 2014


5. Maitree, M. Arora, Najeeb Islam. Quantification of Pressure in VMO recruitment. WCPT-2015, Singapore


7. Prashant Kumar, Dr. Manish Arora, Dr. Rahul Parihar, Suruchi Malhotra. Neck Circumference is a quick significant method in measuring weight when compared to standard anthropometry. Presented in 3rd international conference of physical therapy, physiotherapy unit, JPN Apex Trauma centre, AIIMS, New Delhi, 17th-21st December 2014

8. Ravina Taragi, Dr. Manish Arora, Dr. Divya Midha, Rashmi Bhatia. Measuring length of neck extensors and pectoralis major muscle along with flexion and extension range of motion in computer users. Presented in 3rd international conference of physical therapy, physiotherapy unit, JPN Apex Trauma centre, AIIMS, New Delhi, 17th-21st December 2014

9. Anisha Adarsh, Dr. Manish Arora, Dr. Ajay Arora, Himani Gupta. Efficacy of occipitofrontalis stretching in cervicogenic headache. Presented in 3rd international conference of physical therapy, physiotherapy unit, JPN Apex Trauma centre, AIIMS, New Delhi, 17th-21st December 2014

10. Deepti Dhyani, Dr. Manish Arora, Dr. Ajay Arora, Shweta Sharma. A comparative study to find the efficacy of patellar taping and vmostimulationas compared with conventional treatment in patients with primary knee osteoarthritis involving patellofemoral joint. Presented in 3rd international conference of physical therapy, physiotherapy unit, JPN Apex Trauma centre, AIIMS, New Delhi, 17th-21st December 2014.

11. Neha Bharti, Dr. Manish Arora, Dr. Rahul Parihar, Afshan Majeed. To analyze the effect of scapular taping on activation pattern of trapezius muscle and release of trigger point. Presented in 3rd international conference of physical therapy, physiotherapy unit, JPN Apex Trauma centre, AIIMS, New Delhi, 17th-21st December 2014.

12. Pooja Yadav, Dr. Manish Arora, Dr. R.Raghuveer – 2nd prize. Efficacy of muscle release and myofascial release techniques in correcting anterior pelvic tilt in asymptomatic subjects with lower cross syndrome. Presented in 3rd international conference of physical therapy, physiotherapy unit, JPN Apex Trauma Centre, AIIMS, New Delhi, 17th-21st December 2014

14. *Ruchita Agarwal* – Dr. Reena Kumari, Dr. R. Raghuvir – 3rd Prize. Role of varied eating habits on prevalence of migraine and myofascial tender points. Presented in 3rd international conference of physical therapy, Physiotherapy unit, JPN Apex Trauma centre, AIIMS, New Delhi, 17th-21st December 2014