Sardar Bhagwan Singh Postgraduate Institute of Biomedical Sciences and Research in association with Uttarakhand Council of Biotechnology organized a two day symposium on “National Symposium on Perspectives on Research In Science & Health Care” on 29-30th January 2016. The event was attended by about 600 participants from not only prestigious institutions of Uttarakhand like Forest Research Institute, Uttarakhand Technical University, DIT University, HNB Garhwal University, DAV College, Uttaranchal University, Sai Institute, Autonomous PG College Rishikesh and Guru Ram Rai Institute but also from institutions of other states like Prem Physiotherapy & Rehabilitation College Panipat, IPS College Ghaziabad and GMS College Jammu, MM University Mullana etc.
On the opening day on 29th January symposium was held which involved scientific session of guest lectures and a poster competition. The event started with lamp lighting by Institute Director Prof. F. C. Garg accompanied with invited speakers and HODs of different departments of Institute. Lamp lighting was followed by Institute prayer and release of Sovenir. Director Prof. F.C. Garg welcomed all eminent scientists, educationists, resource persons, faculty members and students. Scientific session in the conference involved deliberations by invited educationists, scientists, and healthcare providers. Dr. Venkatesh Srinivasa Pai (Consultant Rheumatologist, Synergy Hospital, Dehradun) delivered a lecture on “Immunity and Auto-immunity: Two Sides of the Same Coin”. A lecture on “Health Care from Natural Products” by Dr. Vineet Kumar (Scientist F, Chemistry Department, Forest Research Institute, Dehradun) was an insight towards use of medicines based on phyto-constituents in medicine. Dr. Deepak Kumar (HOD & Sr. Consultant Manipulative Physiotherapist, Capri Institute of Manual Therapy, Delhi) beautifully explained “Mulligan Concept” as a physiotherapy treatment of musculoskeletal injuries by mobilizations with active movement of joints. All the resource persons were felicitated by presenting mementoes.
In poster session, about 70 posters were presented in three different categories i.e. Recent Advances in Novel Drug Discovery and Development – Chemical Approaches (P1), Recent Advances in Manual Therapy and Diagnostic Techniques (P2) and Applications of Microbial/Plants/Animal Technology in Human Welfare (P3). For each category, 1st Prize, 2nd Prize, 3rd Prize and two consolation prizes were given. For Category P1, the first prize was bagged by Ms. Shefali Banga of Shri Guru Ram Rai Institute 2nd Prize went to Mr. Anubhav Kumar of SBSPGI and 3rd prize was won by Mr. Nitin Kumar of SBSPGI. For Category P2, The first prize was bagged by Ms. Deepti Dh;yani of SBSPGI, 2nd Prize went to Nithan Gupta of SBSPGI. For Category P3, The first prize was bagged by Ms. Nandini of SBSPGI, 2nd Prize went to Mr. Rhitvik Mandal of DAV College and 3rd prize was won by Ms. Vidhi Sharma of SBSPGI. Chief Guest Dr. G. S. Bedi (General Manager, IDPL, Rishikesh) accompanied by Managing Secretary Dr. Gauravdeep Singh and Director Prof. F. C. Garg distributed the prizes to winners of poster competition.

30th January, the concluding day of the symposium, the students pursuing graduation in the field of Science & Health Care were given Hands on Training in different departments of the Institute. Training on HPLC, UV-Vis Spectrophotometer, tablet preparation and evaluation was provided to participants in Department of Pharmaceutical Sciences. Training involving some learning exercises on Analytical Techniques & Chromatography Separation was given in Department of Applied Chemistry. Training programmes were also arranged by Department of Physiotherapy for Medicare for Manual Therapy of Lumbo-Pelvic area and Diagnostic Tools in Haematology by Department of MLT and Medical Microbiology. Training for Microbial Fermentation and Bioremediation & Plant Tissue Culture was held in Department of Microbiology and Department of Biotechnology. Chairman Sh. S. P. Singh, Managing Secretary Dr. Gauravdeep Singh and Director Prof. F. C. Garg congratulated the winning teams and announced that this annual event will continue as a platform to showcase current research advancements in life sciences and healthcare.