Editorial

Change is the only constant phenomenon in this world. Whatever is old, makes a place in our memories and we welcome the new with open arms. Last month, SBS family welcomed its new members—the newly admitted students as well as the new staff members who have come here to choose their aspirations. The entire month was activity bound, ranging from induction of new batch to commencement of new classes where each department of the Institute has a role to play to add another successful year to SBSPGI.

Our continued efforts towards relief for Uttarakhand calamity saw another level when our students thought of contributing their bit for the cause. This issue proclaims the appeal by the students. We wish that students be more involved in enriching SBSTIMES for which we propose to include an interactive column for the students. We invite suggestions from the students on the ways they could connect more to the Newsletter. Suggestions can be given to the editorial board.

The current issue showcases the month of August in black and white......enjoy reading.

Regards
Editorial Board
The merry morning of India's 67th Independence Day flooded the young hearts of SBSites with the essence of patriotism and devotion. SBSPGI celebrated the 67th year of freedom with great fanfare and gaiety. The event started with the hoisting of the national flag by Institute’s Chairman, S.P Singh Ji.

The young speakers gave a clarion call to live up to the expectations of our motherland. Speaking on the occasion, Institute’s Additional Director Brig (Retd) P.P.S Pahwa encouraged the students to work hard, value the ethics, become worthy and responsible citizens.

The Chairman, S.P Singh Ji along with the Additional Director and faculty members, pinned the badges of responsibility on the broad and strong shoulders of newly elected Institute Captains and Secretaries.

The dignitaries awarded the students for their academics excellence. SBSPGI is not only an esteemed Institute but is also active in letting out a helping hand. The team of physiotherapy was honored for organizing a physiotherapy seva camp at Govind Ghat for the pilgrims of Hemkund Saheb.

SBSPGI has always been very close to nature. Institute honored the “Nature Club” along with the garden maintaining staff for bringing laurels to the Institute during the Spring Festival at Rajbhawan this year. The program ended with the release of IX volume, 6th issues of SBSTIMES.

We are well aware of the natural calamity hit in Uttarakhand that led to the devastation of numerous villages and has left behind people forced to carry their livelihood with minimum resources. It feels great to know from the previous issue of SBS TIMES that our faculty and staff members donated their one day salary that was used for the relief materials including food, blankets and other things required for the daily need. We congratulate the team of members that went to the remote areas for the distribution of the relief material.

This inspired us a lot, and we wish to contribute our small share of donation for the second phase of the relief campaign. For the same MSc (Micro) students have already contributed & we wish to contribute Rs. 200/- as our share of responsibility and would appeal to the students of the SBS family to come forward and donate their bit of contribution for the second phase of the campaign.

Deepika Khanna, Maitri Chaturvedi, Naval Kishore, Abhishek Dwivedi, Sanjan Chandana.

It was a proud moment for the students of physiotherapy when Mr Madan Kohli, a patient at Prayas OPD made a donation of Rs. 56000/- in appreciation of the hard work offered by the students. Mr Kohli, came about four months ago with lot of disability. With continued treatment at OPD for about three months, he is now cured of his problems.

During the course of his treatment he appreciated the efforts of the students and the Institute as a whole. “You are working for a noble cause” says Mr. Kohli. The donation given by Mr. Kohli will be utilized for the purchasing of equipments used in OPD. We as the members of the SBS family appreciated the love, affection and a generous contribution made by Mr. Kohli and wish him a very healthy life in the future.
**New Joining** We congratulate the fresh new faces of Mentors in SBS family

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Expertise: Molecular Modelling, Molecular docking, homology modelling and QSAR designing  
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Contributions: 02 International and 03 Poster presentations

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Expertise: Chronotherapeutic drug delivery system

**Dr. Richa Gaur**
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Ph.D. (Mathematics, Rohilkhand University, Bareilly)  
Expertise: Reliability, Operation Research  
Contributions: 01 Authored Book, 02 National Publications

**Sports Physios at Work!**
Team of Sports Physiotherapists from SBSPGI, Dept. of Physiotherapy comprising Maitri Chaturvedi, Avinash Kushwaha, Farha Mirza and Aijaz Ahmad under the supervision of Dr. R. Arunmozhi and Dr. Chitra Kapoor represented the institute at various tournaments in the month of August ‘13. These tournaments included Distt. Badminton tournament held at the Parade ground badminton court from 11th-17th August ‘13, Distt. Football tournament from 18th-22nd August ‘13, Distt. hockey tournament from 23rd-29th August ‘13.

**Research Publications**


Alumni Speak

As an SBSite, I have gained a dynamic professional and personal zenith. The faculty was very knowledgeable and encouraged over grooming of the students. I have had immense experience as a Physical Therapy student at the various medical facilities we were appointed for, which for now is proving me as a leading and groomed professional in my field. I feel immensely proud to be the alumni of such a pioneer Institute and wish to be connected to my alma mater both physically and emotionally.

Aanchal Badhwar
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